



PHINNEY | GREENWOOD
Climate Change Action Now!
warm hearts for a cooler planet

Save Money | Save Health | Save Community

In the US, carbon dioxide emissions per capita are over **40,000** pounds a year, which includes personal household and transportation emissions, as well as emissions generated by the products we consume. So, let's get to work!

Take the pledge! Do some or all of the following things to reduce carbon emissions.

CHECK HERE IF YOU'RE ALREADY DOING THIS

ENTER HERE

MULTIPLY

THINGS YOU CAN DO TO REDUCE CARBON DIOXIDE EMISSIONS	ACTION YOU WILL PLEDGE EACH YEAR	PLEDGE UNITS	POUNDS SAVED	TOTAL POUNDS
<input type="checkbox"/> Use a push lawn mower instead of a gasoline or electric mower—save 50 pounds of carbon dioxide a year	Number of lawns you will push mow each year		x 50	=
<input type="checkbox"/> Change incandescent bulbs to compact fluorescent bulbs—replacing one 60w bulb with a 15w CFL saves 100 pounds of carbon dioxide a year	Number of bulbs you will change to compact fluorescent each year		x 100	=
<input type="checkbox"/> Turn off your computer for 8 hours each night—save 500 pounds a year	Number of computers you will shut down on a nightly basis each year		x 500	=
<input type="checkbox"/> Line dry your laundry—hanging your laundry up to dry 1 month out of the year saves 130 pounds of carbon dioxide a year	Number of months you will line dry your laundry each year		x 130	=
<input type="checkbox"/> Reduce weekly car travel by biking, walking, busing or carpooling—every mile you don't drive saves about 1 pound of carbon dioxide	Number of miles you will stop driving each year		x 1	=
<input type="checkbox"/> Change your furnace filter regularly, every 1-3 months—save up to 350 pounds of carbon dioxide a year	Number of heating systems you will maintain with clean filters each year		x 350	=
<input type="checkbox"/> Lowering your thermostat by 2 degrees in winter saves 353 pounds of carbon dioxide a year, or about 170 pounds per degree lowered	Number of degrees you will lower your thermostat each winter		x 170	=
<input type="checkbox"/> Avoid heavily packaged products, thus reducing waste materials—a 1% reduction in garbage saves 120 pounds of carbon dioxide a year	Percentage of garbage you will reduce each year		x 120	=
<input type="checkbox"/> Eat less beef—eating one less ¼ pound burger per week saves the equivalent of 330 pounds of carbon dioxide a year	Number of ¼ pound beef portions you will cut from your diet each week		x 330	=
<input type="checkbox"/> Install a low-flow shower head to use less hot water—save 350 pounds of carbon dioxide a year	Number of shower heads you will replace this year		x 350	=
TOTAL CO₂ POUNDS PLEDGED =				=

More things you can do:

- Shop less and shop at neighborhood & independently owned stores.** It saves gas, keeps money in the community and keeps your neighborhood vital. Go to buylocalgreenwood.info.
- Drive a more fuel efficient car.** If your new car gets 3 mpg more than the old one, you can save 3000 pounds of CO₂ per year.
- Eat organic, locally grown, or grow your own.** Organic soils capture and store carbon dioxide at much higher levels than soils from conventional farms.
- Buy Carbon Offsets,** especially for flying, a significant CO₂ generator. Go to carbonfund.org or carboncounter.org for more info.
- Join 2people,** info@2people.org, an online network for climate action, concerned citizens building a mandate for real solutions.

Thank you for taking time to slow climate change!! Post this calculator on your fridge.

These figures are approximations. Your suggestions and ideas are welcome, please e-mail us at phinneygreenwoodccan@yahoo.com. Thanks to the EPA, Rocky Mtn. Institute, Inconvenient Truth and Open the Future websites—more info is available upon request. This project of the Phinney EcoVillage is funded in part by a neighborhood grant award from the City of Seattle, Department of Neighborhoods.

Name _____

E-mail address _____

Neighborhood _____

Phone number _____

PGCCAN Pledge taker name _____ Date _____

TOTAL CO₂ POUNDS PLEDGED =

TOTAL LIGHT BULBS CHANGED =

Number of household members _____

Do you want more e-mail tips on reducing emissions? Yes No